



Visit Coaching

for CWS Families



SERVICES PROVIDED

• PARENT SUPPORT

Trained Visit Coaches through First 5 will meet with parents through Zoom approximately one hour per week to help prepare them for visits, to process challenges that arise in visits, and to help them focus on meeting their children's needs and achieving their goal of reunification through positive family time

• COMMUNICATION & TEAMING

The Visit Coach will have ongoing communication with the case carrying social worker and visitation supervisor and Child and Family Team to ensure that visitation is positive and progressive

• DOCUMENTATION

The Visit Coach will submit a written report to the case carrying social worker on a monthly basis describing the parent's progress with visitation and strengths and needs observed

Why Visit Coaching?

Visit Coaching is fundamentally different from supervised visits. The coach is actively involved in guiding parents in meeting their children's needs and making each visit fun for the children.

Visit Coaching includes:

- Supporting parents to articulate their children's needs to be met in each visit
- Helping parents plan how to give their children their full attention at each visit
- Preparing parents for their children's behavior
- Appreciating parents' strengths in attuning to their children and coaching them to enhance their responsiveness
- Supporting parents in coping with their feelings in order to visit consistently and keep their anger and depression from getting in the way of paying full attention to their children during their family time.

Talk with your case carrying social worker about making a referral

*Program Eligibility:
Children under the age of 5 and their siblings with an open Family Reunification Case Plan through Glenn County Child Welfare Services*