

Glenn
County

Strengthening Families

Where & When:

Location: 709 1st Street,
Orland, CA
(Federated Church)

Time: 5:30—8:00 PM

February 7— May 2, 2019

Come Join Us!

Twelve week course focusing on **strengthening the bonds** between family members by focusing on monitoring and **setting boundaries** so we can become our highest and best selves.

**PLUS FREE DINNER,
DESSERT & PRIZES!**

Questions? Call Francis Cuny (530)865-1146



Fun Facts About Strengthening Families Program

- ✓ *1 night a week: 2.5 hours MAX.*
- ✓ *30 minute dinner, 1 hour split group work, 1 hour family session.*
- ✓ *Free dinner and dessert. Left overs go home with the families.*
- ✓ *Split sessions include skill building, age appropriate games, and rewards.*
- ✓ *Childcare is provided for families who have littles that are too young to participate in split session groups.*
- ✓ *Family sessions include combining split sessions skills, family activities, and rewards/incentives for families.*
- ✓ *Rides can be provided to families who need assistance to attend and get home.*
- ✓ *Graduation certificates will be presented to those who complete the program!*